



Finding Your Ring Size

How to measure your finger:

1. Take a strip of paper (1cm wide), wrap round the base of the finger to be measured. Make sure it is a snug fit but can move easily over the knuckle.
2. Mark with a pen the points where the two ends of your paper meet & overlap
3. With a ruler measure in millimetres the length of your paper from one mark to the other
4. This measurement, to the nearest whole millimetre, will give you your circumference ring size
5. You can use the chart below to convert circumference to ring size you use.

| Britain | Europe | Japan | USA | Diameter | Circumference (mm) |
|------------------|--------|-------|------------------|----------|--------------------|
| | | | 0 | 11.54 | 36.25 |
| A | | | | 11.9 | 37.38 |
| | | 0 | | 12 | 37.7 |
| A ^{1/2} | | | | 12.1 | 38.01 |
| B | | | | 12.3 | 38.64 |
| | | | 1 | 12.37 | 38.86 |
| B ^{1/2} | | | | 12.5 | 39.27 |
| | | | 11-Apr | 12.58 | 39.52 |
| C | | | | 12.7 | 39.9 |
| | 0.15 | | 11-Feb | 12.78 | 40.15 |
| C ^{1/2} | 0.53 | | | 12.9 | 40.53 |
| | 0.84 | 1 | 13-Apr | 13 | 40.84 |
| | 1 | | | 13.05 | 41 |
| D | 1.15 | | | 13.1 | 41.15 |
| | 1.5 | | 2 | 13.21 | 41.5 |
| D ^{1/2} | 1.78 | | | 13.3 | 41.78 |
| | 1.88 | 2 | | 13.33 | 41.88 |
| | 2 | | | 13.37 | 42 |
| | 2.13 | | 21-Apr | 13.41 | 42.13 |
| E | 2.41 | | | 13.5 | 42.41 |
| | 2.76 | | 21-Feb | 13.61 | 42.76 |
| | 2.91 | 3 | | 13.66 | 42.91 |
| E ^{1/2} | 3 | | | 13.69 | 43 |
| | 3.42 | | 23-Apr | 13.82 | 43.42 |
| F | 3.67 | | | 13.9 | 43.67 |
| | 3.98 | 4 | | 14 | 43.98 |
| | 4 | | | 14.01 | 44 |
| | 4.14 | | 3 | 14.05 | 44.14 |
| F ^{1/2} | 4.3 | | | 14.1 | 44.3 |
| | 4.74 | | 3 ^{1/4} | 14.24 | 44.74 |
| G | 4.92 | | | 14.3 | 44.92 |
| | 5 | | | 14.32 | 45 |
| | 5.02 | 5 | | 14.33 | 45.02 |
| | 5.4 | | 3 ^{1/2} | 14.45 | 45.4 |
| G ^{1/2} | 5.55 | | | 14.5 | 45.55 |
| | 6 | | | 14.64 | 46 |
| | 6.02 | | 3 ^{3/4} | 14.65 | 46.02 |
| | 6.06 | 6 | | 14.66 | 46.06 |
| H | 6.18 | | | 14.7 | 46.18 |
| | 6.68 | | 4 | 14.86 | 46.68 |
| H ^{1/2} | 6.81 | | | 14.9 | 46.81 |
| | 7 | | | 14.96 | 47 |
| | 7.12 | 7 | | 15 | 47.12 |
| | 7.34 | | 4 ^{1/4} | 15.07 | 47.34 |
| I | 7.44 | | | 15.1 | 47.44 |
| | 7.97 | | 4 ^{1/2} | 15.27 | 47.97 |
| | 8 | | | 15.28 | 48 |
| I ^{1/2} | 8.07 | | | 15.3 | 48.07 |
| | 8.16 | 8 | | 15.33 | 48.16 |
| | 8.63 | | 4 ^{3/4} | 15.48 | 48.63 |
| J | 8.69 | | | 15.5 | 48.69 |
| | 9 | | | 15.6 | 49 |
| | 9.2 | 9 | | 15.66 | 49.2 |

| Britain | Europe | Japan | USA | Diameter | Circumference (mm) |
|------------------|-------------------|-------|------------------|-------------------|--------------------|
| J ^{1/2} | 9.32 | | 5 | 15.7 | 49.32 |
| K | 9.95 | | 5 ^{1/4} | 15.9 | 49.95 |
| | 10 | | | 15.92 | 50 |
| | 10.27 | 10 | | 16 | 50.27 |
| K ^{1/2} | 10.58 | | 5 ^{1/2} | 16.1 | 50.58 |
| | 11 | | | 16.23 | 51 |
| L | 11.24 | | 5 ^{3/4} | 16.31 | 51.24 |
| | 11.3 | 11 | | 16.33 | 51.3 |
| L ^{1/2} | 11.87 | | 6 | 16.51 | 51.87 |
| | 12 | | | 16.55 | 52 |
| | 12.34 | 12 | | 16.66 | 52.34 |
| M | 12.46 | | | 16.7 | 52.46 |
| | 12.56 | | 6 ^{1/4} | 16.73 | 52.56 |
| | 13 | | | 16.87 | 53 |
| M ^{1/2} | 13.09 | | | 16.9 | 53.09 |
| | 13.16 | | 6 ^{1/2} | 16.92 | 53.16 |
| | 13.41 | 13 | | 17 | 53.41 |
| N | 13.72 | | | 17.1 | 53.72 |
| | 13.85 | | 6 ^{3/4} | 17.14 | 53.85 |
| | 14 | | | 17.19 | 54 |
| N ^{1/2} | 14.35 | | | 17.3 | 54.35 |
| | 14.44 | 14 | | 17.33 | 54.44 |
| | 14.51 | | 7 | 17.35 | 54.51 |
| O | 14.98 | | | 17.5 | 54.98 |
| | 15 | | 7 ^{1/4} | 17.56 | 55 |
| | 15.48 | 15 | | 17.66 | 55.48 |
| O ^{1/2} | 15.61 | | | 17.7 | 55.61 |
| | 15.76 | | 7 ^{1/2} | 17 ^{3/4} | 55.76 |
| | 16 | | | 17.83 | 56 |
| P | 16.23 | | | 17.9 | 56.23 |
| | 16.45 | | 7 ^{3/4} | 17.97 | 56.45 |
| | 16.55 | 16 | | 18 | 56.55 |
| P ^{1/2} | 16.86 | | | 18.1 | 56.86 |
| | 17 | | | 18.14 | 57 |
| | 17.15 | | 8 | 18.19 | 57.15 |
| Q | 17.49 | | | 18.3 | 57.49 |
| | 17.59 | 17 | | 18.33 | 57.59 |
| | 17.77 | | 8 ^{1/4} | 18.39 | 57.77 |
| | 18 | | | 18.46 | 58 |
| Q ^{1/2} | 18.12 | | | 18.5 | 58.12 |
| | 18.4 | | 8 ^{1/2} | 18.59 | 58.4 |
| | 18.62 | 18 | | 18.66 | 58.62 |
| R | 18 ^{3/4} | | | 18.7 | 58 ^{3/4} |
| | 19 | | 8 ^{3/4} | 18.78 | 59 |
| R ^{1/2} | 19.38 | | | 18.9 | 59.38 |
| | 19.66 | | 9 | 18.99 | 59.66 |
| | 19.69 | 19 | | 19 | 59.69 |
| S | 20 | | | 19.1 | 60 |
| | 20.38 | | 9 ^{1/4} | 19.22 | 60.38 |
| S ^{1/2} | 20.63 | | | 19.3 | 60.63 |
| | 20.73 | 20 | | 19.33 | 60.73 |
| | 20.98 | | 9 ^{1/2} | 19.41 | 60.98 |
| | 21 | | | 19.42 | 61 |



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3. With a ruler measure in millimetres the length of your paper from one mark to the other
4. This measurement, to the nearest whole millimetre, will give you your circumference ring size
5. You can use the chart below to convert circumference to ring size scale you use.

| Britain | Europe | Japan | USA | Diameter | Circumference (mm) |
|-------------------------------|--------|-------|--------------------------------|----------|--------------------|
| T | 21.26 | | | 19.5 | 61.26 |
| | 21.67 | | 9 ³ / ₄ | 19.63 | 61.67 |
| | 21.76 | 21 | | 19.66 | 61.76 |
| T ¹ / ₂ | 21.89 | | | 19.7 | 61.89 |
| | 22 | | | 19.74 | 62 |
| | 22.33 | | 10 | 19.84 | 62.33 |
| U | 22.52 | | | 19.9 | 62.52 |
| | 22.83 | 22 | | 20 | 62.83 |
| | 23 | | 10 ¹ / ₄ | 20.05 | 63 |
| U ¹ / ₂ | 23.15 | | | 20.1 | 63.15 |
| | 23.59 | | 10 ¹ / ₂ | 20.24 | 63.59 |
| | | | | | |
| V | 23.77 | | | 20.3 | 63.77 |
| | 23.87 | 23 | | 20.33 | 63.87 |
| | 23.99 | | | 20.37 | 63.99 |
| | 24.28 | | 10 ³ / ₄ | 20.46 | 64.28 |
| V ¹ / ₂ | 24.4 | | | 20.5 | 64.4 |
| | 24.91 | 24 | | 20.66 | 64.91 |
| | 24.97 | | 11 | 20.68 | 64.97 |
| W | 25 | | | 20.69 | 65 |
| | 25.6 | | 11 ¹ / ₄ | 20.88 | 65.6 |
| W ¹ / ₂ | 25.66 | | | 20.9 | 65.66 |
| | 25.97 | 25 | | 21 | 65.97 |
| | 26 | | | 21.01 | 66 |
| | 26.22 | | 11 ¹ / ₂ | 21.08 | 66.22 |
| X | 26.29 | | | 21.1 | 66.29 |
| X ¹ / ₂ | 26.92 | | 10 ³ / ₄ | 21.3 | 66.92 |
| | 27.01 | 26 | | 21.33 | 67.01 |
| Y | 27.51 | | 12 | 21.49 | 67.51 |
| | 28.02 | | | 21.65 | 68.02 |
| | 28.05 | 27 | | 21.66 | 68.05 |
| Y ¹ / ₂ | 28.2 | | 12 ¹ / ₄ | 21.71 | 68.2 |
| Z | 28.77 | | 12 ¹ / ₂ | 21.89 | 68.77 |
| | 28.99 | | | 21.96 | 68.99 |
| | 29.12 | 28 | | 22 | 69.12 |
| Z ¹ / ₂ | 29.43 | | | 22.1 | 69.43 |
| | 29.49 | | 12 ³ / ₄ | 22.12 | 69.49 |

| Britain | Europe | Japan | USA | Diameter | Circumference (mm) |
|---------------------------------|--------|-------|--------------------------------|--------------------------------|--------------------|
| Z+1 | 29.99 | | | 22.28 | 69.99 |
| | 30.15 | 29 | 13 | 22.33 | 70.15 |
| Z+1 ¹ / ₂ | 30.69 | | | 22.5 | 70.69 |
| | 30.81 | | 13 ¹ / ₄ | 22.54 | 70.81 |
| | 31 | | | 22.6 | 71 |
| | 31.19 | 30 | | 22.66 | 71.19 |
| Z+2 | 31.31 | | | 22.7 | 71.31 |
| | 31.47 | | 13 ¹ / ₂ | 22 ³ / ₄ | 71.47 |
| Z+2 ¹ / ₂ | 32.01 | | 13 ³ / ₄ | 22.92 | 72.01 |
| | 32.26 | 31 | | 23 | 72.26 |
| Z+3 | 32.57 | | | 23.1 | 72.57 |
| | 32.76 | | 14 | 23.16 | 72.76 |
| | 33.01 | | | 23.24 | 73.01 |
| Z+3 ¹ / ₂ | 33.2 | | | 23.3 | 73.2 |
| | 33.32 | | | 23.34 | 73.32 |
| | 33.29 | 32 | | 23.33 | 73.29 |
| | 33.42 | | 14 ¹ / ₄ | 23.37 | 73.42 |
| Z+4 | 33.83 | | | 23.5 | 73.83 |
| | 33.98 | | 14 ¹ / ₂ | 23.55 | 73.98 |
| | 34.33 | 33 | | 23.66 | 74.33 |
| Z+4 ¹ / ₂ | 34.46 | | | 23.7 | 74.46 |
| | 34.71 | | 14 ³ / ₄ | 23.78 | 74.71 |
| | 34.99 | | | 23.87 | 74.99 |
| Z+5 | 35.08 | | | 23.9 | 75.08 |
| | 35.4 | 34 | 15 | 24 | 75.4 |
| Z+5 ¹ / ₂ | 35.71 | | | 24.1 | 75.71 |
| | 36 | | 15 ¹ / ₄ | 24.19 | 76 |
| Z+6 | 36.34 | | | 24.3 | 76.34 |
| | 36.43 | 35 | | 24.33 | 76.43 |
| | 36.69 | | 15 ¹ / ₂ | 24.41 | 76.69 |
| Z+6 ¹ / ₂ | 37 | | | 24.51 | 77 |
| | 37.31 | | 15 ³ / ₄ | 24.61 | 77.31 |
| | 37.47 | 36 | | 24.66 | 77.47 |
| Z+7 | 37.6 | | | 24.7 | 77.6 |
| | 38 | | 16 | 24.83 | 78 |
| Z+7 ¹ / ₂ | 38.23 | | | 24.9 | 78.23 |
| | 38.54 | 37 | 16 ¹ / ₄ | 25 | 78.54 |